

GRACE

A daily ingredient for loving relationships.

For Romantic, parenting, and platonic relationships.

G—Giving

R—Regularly *an*

A—Abundance *of*

C—Compassion

E—Every day

“Giving regularly an abundance of compassion every day.”

Compassion is the spirit of kindness, gentleness, understanding, graciousness, and non-judgmental attitude. It is also the ability to look beyond the pain and confusion by extending a measure respect, honor, and wanting-to-understand-you-better attitude.

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