

*Principles of*

# Biblical Spirituality

*The Foundation*

Presented Sabbath, April 11, 2015

By Barrington H. Brennen

*Grant's Town Seventh-day Adventist Church*

PART 2

**What is spirituality?**

“In general, it includes a sense of connection to something bigger than ourselves, and it typically involves a **search for meaning in life.**”

One author says “spirituality is connected to large questions about life and identity, such as:

- ❖ Am I a good person?
- ❖ What is the meaning of my suffering?
- ❖ What is my connection to the world around me?
- ❖ Do things happen for a reason?
- ❖ How can I live my life in the best way possible?

What is **biblical**  
spirituality?

“We believe (as Adventists) that the greatest and most urgent of all our needs is a revival of true godliness, which is **true biblical spirituality**, or having Christ formed in us by the Holy Spirit.”

Many misunderstand what “true godliness” is all about. This misunderstanding is causing a major distortion about what is true biblical spirituality.

Galatians 4:19

1 Corinthians 2:14



“Biblical spirituality can be defined as the process of divine restoration and healing of the broken relationship between the Triune God and humanity. As such, biblical spirituality is the response of a repentant human heart and a mind to the loving heart and mind of God.”

1 Corinthians 2:12-13

There are great misconceptions about biblical spirituality. These misconceptions lead to two extremes: liberalism or legalism.

“Legalists claim they want to take us to the “old land marks.” They focus a lot on behavior and outward appearances. Here are some of the topics they love to focus on . . .

# The Tension Topics

“Can we living without sinning?”

“Can we be perfect”

“Can we use drums in church?”

“Can we stop sinning?”

“Can we wear pants?”

“Must we stop eating meat in order to be saved?”

And mush, much, more

“Initiated by God, biblical spirituality is a conscious walk with God in which we enjoy His awesome presence, and live in dependence upon Him.”

This series on biblical spirituality is to help us have a more balanced, wholesome understanding what a relationship with God is all about. It will also help us avoid the negative spiritual entanglements with what some deem to be most important to living as a Godly person (*the tension topics*).



Guest contributor: **Dr. Martin Hanna**, Associate Professor of Historical Theology. Director, MA in Religion and Seminary Affiliations & Extensions

# “Holy Living and Perfectionism”

Wednesday, April 15, 2015